

Title:

Aligned Action International Coach Certification Program

General program vision and goals:

This coach training program is flexible in order to adapt to a variety of world and organizational cultures. The course draws from models of human capability and performance, and combines Neuro-Linguistic Programming (NLP) and ICF core competencies.

Educational philosophy:

In the Aligned Action course, the classroom is a reflection of a coaching relationship. The student is involved in the progress of their own learning at every point from initial contract to graduation. This policy is based on an educational philosophy from the 1960s called Cooperative Learning. In traditional learning, the student is taught a skill and then goes on to apply it as he/she chooses. In cooperative learning, the student is asked what they want to achieve, then they are taught the skills they need to reach that outcome.

Primary textbooks/ resource materials include:

The ICF website, specifically the discussion of ethics and standards, 11 core competencies, and certification requirements and procedures.

A Simpler Way by Margaret Wheatley, and

The Inner Game of Tennis by Tim Gallwey.

List of Classes/Modules/Parts

Pure Coaching Day One - Curiosity

Pure Coaching Day Two - Values

Pure Coaching Day Three - Co-Creation

Pure Coaching Day Four - Action

Applied NLP Auditory Day Five - Language

Auditory Day Six - Stories and Programs

Auditory Day Seven - Choice

Auditory Day Eight - Strategies

Applied NLP Visual Coaching Day Nine - Vision

Visual Coaching Day Ten - Perspectives

Visual Coaching Day Eleven - Interference

Visual Coaching Day Twelve - Integration

Applied NLP Body/Kinesthetic Day Thirteen - Mind and Body

Body/Kinesthetic Coaching Day Fourteen - Emotion

Body/Kinesthetic Coaching Day Fifteen - Flexibility

Body/Kinesthetic Coaching Day Sixteen - Beliefs

Coaching Mixtures Day Seventeen - Identity

Coaching Mixtures Day Eighteen - Self-Assessment

Coaching Mixtures Day Nineteen - Trust Full Not Knowing

Coaching Mixtures Day Twenty - Ongoing Incremental Learning

Total number of hours of student contact time:
130.5 hours

Learning Goals:

Students set personal goals, and are invited to adapt exercises and homework assignments to relevant current situations. In this way, students learn from the coaching they receive as much as from practice coaching others. The curriculum presents skills, tools and approaches in a methodical way from beginning to advanced.

Coaching Philosophy:

For the client -- choice and responsibility. Listen to the wisest part of yourself. Be fearless. Choose, and take action that is aligned with who you are and what you want to see in the world.^[1] For the coach -- trust the client. Be present, be curious. Ask questions that invite wisdom.

Faculty:

Rachel Alexander
James Clark
Jan Elflin
Tor Harstrup
Joyce Hastings
Juan Francisco Ramirez
Suzi Smith
Veselka Tsocheva
Annegrethe Williams

Dates and locations, when and where the program is to be delivered:

For a current course schedule, see the website for the location you are interested in.

Mexico: www.cmpnl.edu.mx

Denmark: www.dansknlp.dk

Bulgaria, Serbia: www.certifyascoach.com

Country and Languages that are used in the program delivery:

Mexico – English and Spanish
China – English and Mandarin
Denmark – English and Danish
Bulgaria — English and Bulgarian

Structure and delivery of the program:

The classroom portion of the Coach Certification Program is offered in-person. The course is taught in modules of 3 to 7 days, depending on location. In addition to the primary trainers, a team of assistants who are experienced coaches and graduates of the course are present at in-person trainings. The trainer/assistant to student ratio is never greater than 1/8 (one trainer or assistant to every 8 students). Typical class size ranges from 15 to 60 students.

The overall time frame for the in-person classroom portion of the course varies from 4 to 7 months, depending on the location. Portions of the program may be taken on their own without completing the full program.

Note: If a student completes a portion of the program, the student will receive an ACSTH certificate indicating the number of hours attended. Students will not receive an ACTP certificate until all coursework, mentoring, coaching hours and oral exam are complete. ACSTH certificates can be applied toward a Portfolio application for an ICF credential or a credential renewal application. Students who complete only a portion of the ACTP program are not eligible to use an ACTP application for an ICF credential.

Intended Participants:

Individuals with an interest in developing an international coaching practice. Leaders and managers in multi-national corporations and volunteer organizations who want to enhance their effectiveness by using coaching skills and attitudes to enhance their leadership style.

Requirements students must meet to enter the program:

This certification program is for adult learners who have an interest in developing solid coaching skills. There are no specific prerequisites to be eligible for the program, but NLP certification and/or advanced training or experience in organizational development, communication, or industrial psychology is helpful. Transfer students are accepted if they have attended days with Jan Elfline as trainer, and will be granted full transfer credit for documented hours of training.

Policies on payment of tuition and fees:

Locations set course fees independently. See the website for the location you are interested in to find course fees for the current year.

Policies on withdrawals and refunds:

Jan Elfline LTD offers a money back guarantee for its trainings, according to the following policy: Any student who attends the first two days of the Coach Certification Program and decides that the training isn't right for them (for any reason) will be refunded 100% of the registration fee upon the return of the course materials (manual, textbooks and/or handouts). If a student withdraws after the second day, a partial refund is calculated by number of days attended, less an administrative fee.

Contact the sponsoring organization for more detail. Students not completing all their hours of training in a given year may join a later group to complete the course within 3 years.

Student code of conduct or discipline:

Students must attend all sessions and participate in coaching exercises, group discussions and homework assignments. Failure to participate in these course activities will result in a "no pass" for that portion of the course.

Trainers and assistants track student participation. If participation is seen to be a problem during the course, students will receive feedback and clear guidelines about needed changes in their course participation.

A log with a separate page for each participant is kept throughout the course, and trainer and assistants make notes about the student's progress in the course.

Jan Elflin LTD will only change course requirements in successive years if ACTP graduation requirements are changed by the ICF. Students are encouraged to check the ICF website for a current PCC sample application six months before their expected exam/graduation date. In some locations, a completed ICF application is part of ACTP graduation requirements.