

Visual words

See
Look
Bright
Clear
Picture
Foggy
View
Focused
Dawy
Reveal
Illuminate
Imagine
Visualize
Hazy
An eyeful
Short sighted
Take a peek
Tunnel vision
Wide view
Paint a picture

Some people think in pictures. When you start to explore how a person pictures their world, you can detect more and more detail by asking about the submodalities related to how we see.

Visual Sub-modalities

Black and white or color

Light or dark

Color palette

Close or distant

Bright or dull

Location

Size

Focused or fuzzy

Framed or unframed

Moving or still

Moving speed

Contrast

2D or 3D

Viewing angle