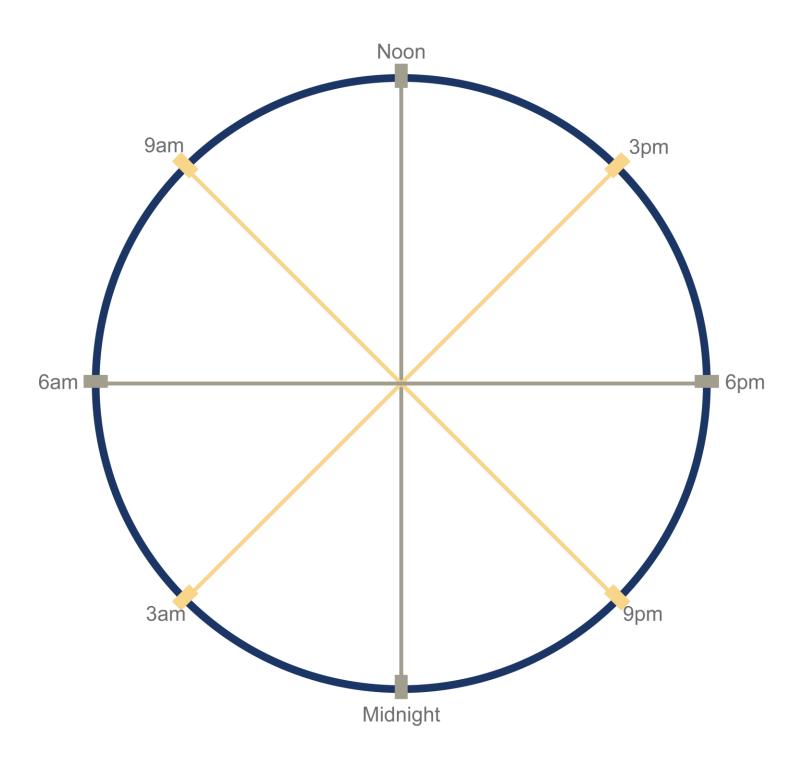
TEMPLATE 24 Hour Clock



USE WITH: PERFECT TIME OF DAY EXERCISE